A NOTE FROM SALLY

I am a compelling author, transformational coach, and an informative and inspirational speaker who is a truth teller. My passion is to reach through the pages of a book or extend a hand through an electronic screen to offer personal freedom—eliminate the cloak of shame.

It is my mission to assist individuals and help organizations understand the rarely talked about issues that define our world view. I help individuals identify their true self by understanding where their true strength comes from so they can become the person they would follow. We work together to clarify their purpose, access divine empowerment, define their path and find intimate connection with supportive community.

Drawing on over 20 years of training, teaching and leadership experience, I have inspired others to achieve more than they thought they could. Witnessing significant changes in struggling learners through teaching research-based techniques has been extremely rewarding. I am now using my own life experience to dig deeper and unearth the difficult conversations that have been avoided within the faith community.

From Crisis to Compassion is a powerful read that compels the reader to look at their own secrets, struggles and choices based on their life experiences. It causes us to ask some hard questions about the issues addressed in the book and find ways to show compassion toward those going through various trials. This book offers valuable resources to find help for yourself or a loved one. It also provides numerous ways to demonstrate the love of Christ and reach out to those needing a hand up.



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